
"Thy Kingdom Come"



THIRD EDITION

Entering God's Rest in Prayer

Jeanne Metcalf

1st Edition 2015

2nd Edition 2015

3rd Edition 2023

Cegullah Publishing

International Copyright © 2023

www.cegullahpublishing.ca

All rights reserved.



ISBN # Textbook: 978-1-926489-83-4

ISBN # Workbook: 978-1-926489-84-1

Cover photos ©istock.com

Cover design by Jeanne Metcalf.

COPYRIGHT MATTERS



This book is an original manuscript by the author, protected by international copyright laws of Canada. Therefore, none of this author's work may be reproduced, in part or in whole, or stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopied, recorded or otherwise for commercial use without the *prior written* permission of the author. However, it is possible to receive permission to use short quotations for personal use, or use in a group study, or for permission to copy certain passages, or to make portions of the writings available for overhead viewing. Simply, contact the author¹ to request it.

SCRIPTURE MATTERS



All scripture quotes originate from KJV², public domain. However, the name of God appears as YeHoVaH, not LORD and Jesus and Yeshua. See appendix for more information.

¹ To contact author, see *Contact Page in Appendix*.

²KJV, which is public domain, refers to all humankind as "man". Unless the passage itself refers to a particular male person, please do not take offence but apply the message to all humankind, regardless of gender.



DEDICATION



There is a Biblical friendship which comes from the Hebrew root word קשר (*kaw-shar*) meaning to bind. Such a bond existed between David and Jonathan. In their relationship, through all their many trials, loyalty to each other was paramount, no matter the circumstances.

A person is most fortunate if they enjoy one such a friendship during their lifetime. In my life, YeHoVaH privileged me to know three such special people. Therefore, with gratitude to YeHoVaH for His blessings, I dedicate this book to these special friends: *Gary* (my husband), and to *Lucy and Marion*, my ministry prayer partners and travelling companions.

Explanation & Prayer for Readers	7
Introduction.....	11

SECTION 1

GOD'S REST IN THE WORD

CH	INDEX TITLE	PG
1.	Principle of God's Rest	21
2.	Entering God's Rest after Salvation.....	43
3.	Positioned for Rest	73

SECTION 2

GOD'S REST IN YESHUA'S PRAYER

4.	Rest: in the Kingdom's Open Door.... <i>A look at Yeshua's Prayer</i>	95
5.	Rest: in the Kingdom's Welcome..... <i>Our Father, which art in Heaven</i>	125
6.	Rest: in the Kingdom's Business..... <i>Thy Kingdom come, Thy will be done</i>	159
7.	Rest: in the Kingdom's Provision..... <i>Give us this day our daily bread</i>	195
8.	Rest: in the Kingdom's Precedence.... <i>Forgive our trespasses</i>	213
9.	Rest: in the Kingdom's Power..... <i>Lead us not into temptation</i>	233
10.	Rest: In the Kingdom's Protection..... <i>Deliver us from Evil</i>	253
11.	Rest: In the Kingdom's Dominion..... <i>For Thine is the Kingdom</i>	275
	Conclusion.....	291

INDEX

APPENDIX

About the King James Version.....	305
About Jeanne Metcalf	317
A Name to Honour.....	299
Cegullah Publishing.....	318
Other Books by This Author.....	315
Salvation's Message.....	306
Scripture Index.....	311
Sinner's Prayer and Lifetime Commitment	309

EXPLANATION & PRAYER FOR READERS

In the Bible, we find numerous recorded events where the patriarchs of the faith encountered God and consequently, attached a meaningful name so that neither they, nor future generations, would forget the awesomeness of God. Below is a chart of scriptures showing nine descriptive titles the Bible assigns to God.

NAMES OF GOD

YeHoVaH Tseva'ot	2 Samuel 6:2
YeHoVaH Tsidkenu	Jeremiah 23:6
YeHoVaH Mekaddishkhem	Exodus 31:13
YeHoVaH Ro'i	Psalms 23:1
YeHoVaH Yir'eh	Genesis 22:14
YeHoVaH Shalom	Judges 6:24
YeHoVaH Shammah	Ezekiel 48:35
YeHoVaH Rof'ekha	Exodus 15:26
YeHoVaH Nissi	Exodus 17:15

These titles, each one of them, hold a specific place in my heart and find an active place upon my lips. Here is why:

In 1986, my dad purchased for me, as a gift: the teaching by Dr. Larry Lea entitled, "Could You Not

Tarry One Hour". This teaching based on Yeshua's Prayer and taught by Dr. Larry Lea, changed my life as I learned the prayer taught by Yeshua was an outline on how to pray. A brief summary of that prayer outline includes the following:

1. Hallowing or praising 9 compound names of God in the Bible.
2. Praying daily for God's Kingdom until it comes into your life.
3. Insisting that God's will be done in your life as His will is done in heaven.
4. Praying in our daily provisions.
5. Living with God's forgiveness and, also, expressing that forgiveness to others.
6. Walking in victory over all spiritual adversaries, and
7. Returning to praise and thanksgiving to God for His Kingdom.

As I began to follow Yeshua's prayer outline, my life came into a Godlier order and I, subsequently, moved in greater Kingdom power. Years went by and I matured as a believer. When challenges arose in my life, the more I pressed into God, following Yeshua's prayer outline, the quicker the victory came.

Throughout the 40 plus years of following the pattern set down in Yeshua's Prayer, YeHoVaH taught me things in prayer, about which I never thought possible. To be more specific, YeHoVaH taught me an important

principle of *“entering God’s rest in prayer”*. That brought forth a fruit which not only pleased God but brought even greater victories in my life.

In 2012, for the first time, I taught a class on the Yeshua’s Prayer, mentioning to the students at that time, the idea of “rest”. I did not expound upon the subject, too much at that time, however, as the years went by, the Holy Spirit impressed upon me a need for God’s people to really understand the principle of entering God’s rest throughout their Christian life. In particular, the Holy Spirit nudged me to teach on applying God’s rest in prayer.

With the purpose of this book and my heart in writing laid out, we will move on to look at a quick overview of the book. First in the book chapters, I explain, in detail, the principle of God’s rest. Then, to keep this book pointed towards its goal, I apply the rest principle to prayer, using Yeshua’s Prayer as a guide, to indicate the specific areas of rest God designed for every believer. I then close the book with some practical helps, giving a summary for believers to use daily in their prayer closet.

As in all books teaching on spiritual truth, once the information comes before the reader, it us up to them to apply it to their life. Having said that, let me close this explanation with a prayer to those ends:

Heavenly Father:

*Bless the dear one who takes up this book to discover the especially important principle of **entering Your rest in prayer**.*

*May they recognize the voice of Your Spirit drawing them closer to You. As they turn the pages of this book, may they lean heavily upon Your Holy Spirit to open their eyes to the amazing spiritual truths so relevant to prayer. As they progress with the book, may they follow Your lead and begin to put into practice what they have learned. At the book's conclusion, may each one walk on with You in such a manner as to embrace **the principle of rest in prayer**, and do so with such confidence in You, that when they pray, they say in their heart, as Yeshua said, "Father, I thank You that You have heard me. And I know that You hear me always"³ Amen*

³ John 11:41 b and 42 a



INTRODUCTION

Many people find that when they pray, time goes by very slowly. After praying for five minutes, it often seems like an hour. Some people feel inadequate when they pray; believing the words of their mouth just cannot express what is really going on in their heart. Some believers think God hid the secret to prayer, and if they could only find it, they would be well on their way.

Others search to find prayers already written by others, prayers that promise greater results. Still others pray half convinced, before they even open their mouth, that God will not even hear them, let alone answers their prayers. Overall, this type of thinking is troublesome at best and produces frustration to what God designed to be a time of communication and comfort between God and His precious child.

Whether a person realizes it or not, thinking about prayer in the manner described above touches upon the character of God. He designed prayer, not just as a

communication between God and man, but also as a blessing meant to delight both His heart as well as that of the petitioner.

God's words, recorded in the Bible, make it clear that, yes, He established a definite and proper approach. That approach is therefore neither hidden, nor kept secret for only a select few. Shortly, we explain it. For now, please know that God has no prejudices whatsoever towards individuals, dear reader, but rather is full of compassion and love, with great empathy for all humankind and their time and struggles upon the earth. God is extremely willing to help humankind ascertain Who He is, know His Ways, and fully understand what He expects from His people, including how to attain answers to their prayers. Consider this situation:

A small child decides one day that he will tie his shoelaces on his own. He picks up his shoes and goes into the living room where his father reads the paper. Sitting on the floor, not too far from his father's chair, the child puts his shoes on his feet. He looks up with pleasure at the success and smiles at his father who smiles back with approval. Now comes the next step, tying the shoelaces. This little boy's fingers are not yet very skilled. Every attempt to tie the shoelaces ends in failure.

Now the father watches the struggles and sees the failed attempts. His compassionate heart moves him to get up and walk towards the son, but as he does so, the little boy turns away. No! This is his task, and he will do in his own, his way!

Several more failed attempts later, the child begins to cry expressing his frustration. With a teary-eyed face, the little boy looks up at his father. He immediately sits down on the floor beside the child and with gentleness and kindness, gives the little boy some helpful tips on tying the laces.

Soon, with the father's encouraging words the little boy, now well-assured that his father is proud of him for his valiant efforts, understands that there is absolutely no shame in having some pointed help from his father. In fact, the father relates how wonderful he feels to have something to share with his son. Afterwards, with the shoelaces neatly tied, the boy smiles with the pleasure of his success and runs off happily to play.

This illustration explains something about prayer. Many times, believers, like the little boy in the story, desire to do things on our own, but we lack the skill. We bow our head to talk to God about the problem, but all we see is the problem.

We do not see the solution, nor the Heavenly Father that willing wishes to bring it to us. Often, as we pray, we fumble over the reasons why things just will not work out for us. We often fail to realize the helpful, watchful eye of our loving, Heavenly Father. We fail to grasp that His heart is moves with compassion for us. Drawing Him near to us to assist us, He brings with Him the solution.

In our failure to see God's desire to share life's experience with us, we may find ourselves holding an incorrect focus about God. If we go by feelings where we cannot sense His Presence, we may wrongly conclude that God does not wish to help us. *Nothing could be farther from the truth!*

God looks at prayer very differently than most believers. Prayer, to God, becomes a valuable time for His creation to share with Him what things transpire in their life. Looking deep within the believer, the God of the Bible sees the heart. His receptivity does not hang on the petitioner's use of words, no matter the language spoken! He is not concerned about the eloquence in which a person might describe

their petition, nor does He ever conclude that matter was *too insignificant* to trouble Him.

God desires all that approach Him, whether in a crisis or in every day matters of life, to feel comfortable in sharing their deepest and most intimate thoughts with Him. Furthermore, He desires, when they leave their time of communion with Him, that they do with confidence that He heard them and that He willingly sends the answers to their prayers.

Before some answers to prayers arrive at our doorstep, we might need to accept some advice from God, tweaking certain things in our life; however, if the petitioner understands that and is willing to accept God's advice, given in the most applicable way, the believer is on good footing. All believers need to understand then, is how to approach God to receive answers to their prayers.

APPROACHING GOD IN PRAYER

In the book of Hebrews, which is an important book in the Apostolic Scriptures,⁴ the author relates a very vital aspect about prayer, namely, the way we approach God.

⁴ New Testament

Hebrews 11:6

6 But without faith it is impossible to please him: for he, that cometh to God must believe that he is, and that he is a rewarder of them that diligently seek him.

First, we note that the author of the book of Hebrews addressed believers. That is an important fact, one which we cannot overlook. Secondly, this passage has some key words, which clearly address the aspect of our approach to God.

Let us look at some key words in the passage, (highlighted first in the chart below) and then explained in a short recap, relating how this scripture applies to believers and to prayer:

Key Words in Hebrews 11:6

1. Without Faith
2. Impossible to please Him
3. He that comes
4. Must believe that He is
5. That He is a rewarder of those who diligently seek Him

1. "Without faith": Here is one important aspect of prayer, *namely faith*, the absence of which means believers do not receive

from God. To receive from God, believers need faith.

2. "Impossible to please Him": When we approach God, we believe that He exists. That is the first thing, and then what we say to Him, we relate to Him in faith knowing that He hears and answer us. Prayers uttered *without faith*, as in the point above, scripturally speaking, do not *please* God.
3. He that comes: This phrase refers to the person who approaches God. When it comes to the topic of prayer, to call God "Father", one must qualify as His child. Scripture teaches that one must follow God's specific method of approach to legally call Him Father, therefore, all accepted in the beloved⁵ qualify to call Him, Father.
4. Must believe that He exists: Here is where the rubber meets the road! Those that approach God must "believe" or "be fully persuaded" that He exists. That

⁵ Ephesians 1:6

removes any thoughts of doubt to His existence.

5. He is a rewarder of those who diligently seek Him. There are two specific thoughts here:
 - a. *God rewards believers.* Those rewards manifest in many ways, including a revelation of Him, answered prayers and the like.
 - b. *Those who diligently seek Him.* A synonym for “diligently” is “persistently”. This means not half-hearted and thus indicates a continual search, never giving up until one discovers the One for Whom they searched.

This passage in Hebrews gives us a good premise on which to begin our topic of prayer: *one must believe God exists and, upon that belief, diligently seek Him.* For some people, they already know this, and they believe it, but for others, this is not the case. This book comes from the premise that readers know God exists, and thus approach the topic of prayer, from the premise of His existence. In other words, this

book treats its readers as if they are already born of His Spirit⁶.

Do not print or copy

⁶ Dear Reader, if you are not sure if you are born of the Spirit of God, please read "Salvation's Message" in the Appendix. Once a person embraces Yeshua as the message describes and commits their life to Him, He indwells them, thus qualifying them as one born of His Spirit (of Life).